



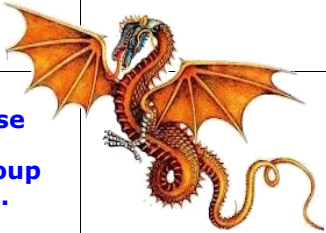


November 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Give thanks unto the Lord, for he is good: for his mercy endureth for ever.</p>			<p>1 10:00— Morning Prayer</p>	<p>2 3:45—Choir Practice</p>	<p>3</p>	<p>4</p>
<p>5 All Saints' Sunday 10:30— Holy Eucharist</p> 	<p>6</p>	<p>7</p>	<p>8 10:00— Morning Prayer</p>	<p>9 3:45—Choir Practice</p>	<p>10</p>	<p>11</p> 
<p>12 Pentecost 24 10:30— Holy Eucharist</p>	<p>13</p>	<p>14</p>	<p>15 10:00— Morning Prayer</p>	<p>16 11:00—ECW 3:45—Choir Practice</p>	<p>17</p>	<p>18</p>
<p>19 Pentecost 25 10:30— Holy Eucharist</p>	<p>20 7 pm—Umpqua Valley Stamp Club</p>	<p>21</p>	<p>22</p>	<p>23</p> 	<p>24</p>	<p>25</p>
<p>26 Christ the King Sunday 10:30— Holy Eucharist</p> 	<p>27</p>	<p>28</p>	<p>29 10:00— Morning Prayer</p>	<p>30 10:00—Vestry 3:45—Choir Practice</p>	<p>See reverse for support group schedule.</p>	

ST. GEORGE EVENTS—REGULAR WORSHIP, MEETINGS, & SPECIAL EVENTS

SERVICES/EVENTS

Sundays 10:30 am—
Holy Eucharist or Morning Prayer

Wednesdays 10 am—
Morning Prayer

Thursdays 3:45 pm—
Choir Practice

Episcopal Church Women—
Thurs., Nov. 16, 11 am

Umpqua Valley Stamp Club—
Mon., Nov. 20, 7 pm

Vestry meeting—
Thurs., Nov. 30, 10 am

NOVEMBER ANNIVERSARIES

Hellene and Ivor Chapman 3rd
Pam and Fr. Jim Boston 23rd

SUPPORT GROUPS

Sunday
7-8 pm—Prime Time NA

Monday—Friday
Noon: Brown Bag (AA)

Friday
5:30—6:30 pm:
Bridge to Shore (AA)

Saturday
6 pm—AA

NOVEMBER BIRTHDAYS

Karla Roady	1st
Robyn Billington	4th
Thelma Sayers	5th
Hellene Chapman	21st
Nikki Muse	25th
Cathy Gomez	26th



Prayer

Slow me down, Lord.

Ease the pounding of my heart by the quieting of my mind.

Steady my hurried pace with a vision of the eternal reach of time.

Give me, amid the confusion of the day, the calmness of the everlasting hills.

Break the tensions of my nerves and muscles with the soothing music of the singing streams that live in my memory.

Help me to know the magical, restoring power of sleep.

Teach me the art of taking minute vacations—of slowing down to look at a flower, to chat with a friend, to pat a dog, to read a few lines from a good book.

Slow me down, Lord, and inspire me to send my roots deep into the soil of life's enduring values that I may grow toward the stars of my greater destiny.

Amen.

~ Wilferd Arlan Peterson