



The Dragon Scoop

July-August 2021

St. George Episcopal Church
1024 SE Cass Avenue Roseburg, OR 97470
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Mission Statement:
“Loving God, Loving Our
Neighbors”

The Episcopal Church Welcomes You



“Peace! Be Still!”



Pastor Gail’s sermon on June 26 was entitled “Lord, Do You Not Care that We Are Perishing?” In it, she talked about the “Jesus Boat” she had traveled on when she took a trip to Israel in 2006. Archeologists believe that it is representative of the boat that Jesus would have been on with his disciples. The quotes are from her homily.

When contemplating how we can allow God to be in control, Pastor Gail realized this boat could provide a template:

Photo by Pastor Gail Duba

Faith—“The mast is what sets these boats apart from rowboats. The mast reminds me of the goals we set for ourselves in our lives. . . . Just like having a mast, having goals keeps us moving forward. God helps us stabilize the mast on our boat.”

Hope—The large sails are the second part of the equation. “When the winds hit the coolness of the lake, they pick up speed and intensity. Isn’t this the way it is with our lives also? Hopefully we can accept the reality that there will be storms in our lives. . . . Spiritually healthy people do not deny the storms of life, but they seek strength to move through these storms.”

Love—“Jesus is the keel of our lives—Jesus keeps us balanced, Jesus keeps us upright, Jesus will be with us—even when we lose heart, fear the storm and cry out, ‘Lord, do you not care that we are perishing?’ . . . I invite you to listen and hear the voice of Jesus saying, ‘Peace! Be still!’ to all the storms that are in your lives right now as well as those that may threaten to stop where you are going and prevent you from doing what God has called you to do. Jesus said, ‘**Peace! Be still!**’ The winds and the waves obeyed. Should we not do the same?”



Pastor Gail's Ponderings . . .

~Blessed 4th of July~

Welcome to the wonderful days of summer. After the summer of 2020, we are probably all breathing a sigh of joy! I don't know about your family, but David and I have a camping trip planned, visits to the coast, and perhaps a backpack. Enjoy!

When I was contemplating what I might write for the July/August edition of the *Scoop*, I read the following devotion from Richard Rohr's insights. I plan to begin a Gratitude Journal.

Louis M. Savary was a Jesuit for thirty years and has been studying, writing, and teaching on his fellow Jesuit, Teilhard de Chardin, for over fifty years. Here he introduces a version of the Ignatian Examen that emphasizes our participation with God's for our lives by increasing our awareness of goodness, gratitude, possibility, and love.

Throughout his life Teilhard remained an optimist. In his prayer, instead of putting his attention on his failures and disappointments, he focused more on praise, reverence, and gratitude when he related to God. In recent years, psychologists have discovered a basic law of psychological and spiritual life. We might call it the first law of spiritual energy. It is simply this: Energy follows attention. In other words, wherever you focus your attention is where the energy of your body, mind, and spirit goes. In terms of this first law of spiritual energy, Teilhard preferred to focus, with God's grace, on his own resilience, his capacity to adapt and to restore his enthusiasm for his work and relationships. . . .

Teilhard's life suggests a nightly review of your day focusing on what went right instead of what went wrong. If you focus on giving and receiving love, your thinking will change for the better. If you focus on thinking good thoughts, your heart will grow more loving. The heart and mind are always interacting in concert. This process is known as the Thanksgiving Examen, as follows:

1. To give thanks in general to God our Lord for the benefits received in your life, in others, and in the world today.
2. To ask for grace to recognize all those particular things that happened to you and others that you should personally be grateful for.
3. To take account of your day from the hour that you arose up to the present time, hour by hour, or period by period: first your good thoughts, ideas, and intentions; then your good words spoken and heard; and then good acts, your actions and those of others, small or large, that positively touched your life or the life of someone else. Record these in your journal.
4. To praise and thank God our Lord for all the opportunities you had to make a difference in the world today and to inspire you to recognize more and more such opportunities in the future.
5. To thank God for all God has done for you, and to ask yourself: What can I envision doing that would lead me to be even more deeply grateful. Close with the Lord's Prayer.

Thanks for being a part of St. George's. You are "the best."

God's peace,
Pastor Gail

Louis M. Savary, *The New Spiritual Exercises: In the Spirit of Pierre Teilhard de Chardin* (Paulist Press: 2010), 49-50.



Inside This Issue

Pastor Gail	2
In Memoriam	3
Upcoming	4
News	5-10
Inspiration	11

In Memoriam

So many friends and family members were present on June 5 to celebrate Carolyn Spielman's life, Nov. 24, 1938—April 7, 2021. Mother of five, she and her husband, Bob, were loving soulmates.

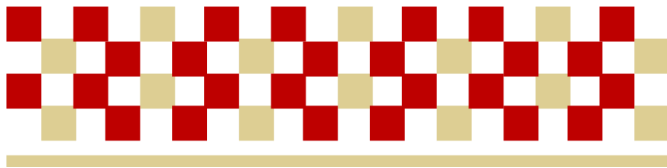


*"Into your hands, O merciful Savior,
we commend your servant Carolyn.
Receive her into the arms of your mercy,
into the blessed rest of everlasting peace,
and into the glorious company of the saints
in light."
BCP 499*



Upcoming

PARISH PICNIC



Kathy Glockner will again host the Parish Picnic at her house on **Sunday, Aug. 1**, after church. More information will be available later in July.

Morning Prayer/Bible Study

The Wednesday Morning Prayer service will resume in **September**, with Bible Study to follow in **October**.

Bishop's Visitation

Sunday, Oct. 10—
The Rt. Rev. Diana
Akiyama will visit
St. George's.



Birthdays

July

- 2 Noah Wanamaker
- 4 Jill Hammerle
- 4 Tricia Holt
- 8 Julie Ortiz (Tenaya's daughter)
- 9 Betty Andrews
- 11 Pat McClure
- 16 Kathy Glockner
- 16 Mary Holmes
- 20 Joanne Cunningham
- 20 Lucille Sellers
- 27 Tenaya Wright

August

- 2 Delpha Hammerle
- 4 Nolan Pullen
- 17 Marianne Jones
- 27 David Duba
- 29 Fr. Jim Boston
- 31 Margaret Krewson

Anniversaries

July

- 1 Darrell and Judy Thayer
- 7 Mark and Claudia Stockwell
- 9 Bill and Barbara Riley

August

- 22 Jon and Jeannie Burpee
- 28 Pete and Faye Benham

Photo from the Episcopal Diocese of Oregon

Happy 60th Anniversary!

David and Marcia Jackson celebrated their 60th wedding anniversary with friends and family at a reception after the worship service on June 6. The Parish Hall was decorated with memorabilia from their long and fulfilling marriage.



June Blessings



***Birthday Blessings
for
Bob Spielman and Sheila Glass***



***Birthday Blessings
for
Jean Bowden***



***Birthday Blessings
for
Mike Brossia***



***Birthday Blessings
for
Wally Hunnicut***

Parish News

Pastor Gail and Dr. David traveled to Lander, WY, for the wedding of their son Kyle, and his fiancée, Alyssa Wechsler.



The ceremony took place on June 12, 2021 at 4 pm in a meadow up Sinks Canyon ten miles outside of Lander.

Pastor Gail officiated this lovely family wedding. Due to COVID restrictions, it included parents and siblings only. The big celebration will be next summer in July.

Kyle and Alyssa met in Lander where Kyle works for WY PBS and Alyssa is the Executive Director of Powder River Basin Resource Council.



Parishioners were delighted to reconnect with Father Jim and Pam Boston, who attended the Spielman memorial on June 5.



Betty Jo Hoffman and Pastor Gail realized we didn't have a green podium parament for the season of Ordinary Time. They found this beautiful one, which was used for the first time at Carolyn Spielman's memorial service. The funds to purchase it are an Honorarium from the Bob Spielman family. Thanks to Bob for this generous gift! Every time we use it, Pastor Gail says, we will remember Carolyn.

Parish News

Karla Roady invited parishioners to visit her beautiful garden after church on June 20, saying that it was at its peak right now and she wanted to share it with us. It was a delightful afternoon!



Besides the gorgeous plants and flowers, Karla's garden was filled with whimsical touches: hobbit houses and fairy gardens, a miniature Chinese landscape, and lots of fun surprises.



Stamp Club News

Umpqua Valley Stamp Club presents
the July stamp of the month



July is National Cell Phone Courtesy Month

This stamp is one of 15
stamps on the Celebrate
the 90's sheet Issued in
2000 as part of the
Celebrate the Millennium
series.



Scott catalog #3991o

The Umpqua Valley Stamp Club meets monthly every 3rd Monday except for June and December.
Here in the Parish Hall at 7:15. Visitors welcome.

Posters by Clarence Adams, Umpqua Valley Stamp Club

Umpqua Valley Stamp Club presents
the August Stamp of the Month



August is National Traffic Awareness Month

Traffic deaths in 2019
totaled 36,120 at a cost
of \$242 billion.
Fatalities in 1965
totaled 47,089.



Scott catalog #1275 was issued on
September, 3, 1965

The Umpqua Valley Stamp Club meets monthly every 3rd Monday except for June and December.
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Inspiration

GUIDE TO LECTIO DIVINA

By Lindsay Boyer

1 Read the passage four times, leaving a few minutes of silence in between each reading.

2 Listen with the ear of the heart. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply.

3 Reflect while you read the passage a second time with deep receptivity. Notice what thoughts, feelings and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture?

4 Respond spontaneously as you listen. Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise.

5 Rest in God's presence beyond thoughts and reflections. Just be.



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Differing from a bible study, Lectio Divina is the practice of letting go of your own thoughts and interpreting Scripture with your heart. Follow the steps listed above for a centering prayer experience.

For meditations visit episcopalrelief.org/lectio-divina/
Steps from lindsayboyer.com/lectio-divina-1



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What would I give you if it were mine to give? I would give you quiet courage, the steadiness beneath your feet when you face whatever lies ahead on your course through life. I would give you a glad heart, the center of joy, the sense of balance in all you say and do. I would give you the bright vision, the clear view of what you hope, the invitation to keep drawing closer to what you dream. I would give these for they are what I need as well.

Quiet courage, a glad heart, a bright vision. These three gifts I will keep praying: for me, for you, for all of us who have set sail on this timeless sea together. May we each have these gifts of the Spirit, in just the right way we need them, at just the moment we need them most. And may they empower us to sail on, sail on toward the light of dawn.

The Right Rev. Steven Charleston
Facebook, June 24, 2021

St. George Episcopal Church publishes THE DRAGON SCOOP monthly except for a combined July-August issue.
If you would like something to be considered for the newsletter please talk to Leigh Van Sickle, Editor—541-391-0814
E-mailed articles and photographs can be sent to saintgeorgepix@gmail.com.

Interim Rector: The Rev. Gail Duba
Senior Warden: Pete Benham
Junior Warden: Bob Spielman
Treasurer: Kathy Glockner

OFFICE HOURS
10 am—2 pm
Monday through Friday

ST. GEORGE WORSHIP
10 am
Sundays

